Fig Tree Pocket State School P & C
Tuckshop Menu 2017
Open Wednesday, Thursday and Friday
* Please note prices on Flexischools are cheaper *

Flexischools orders close at 8.15am Over the Counter orders at 9am SHARP

Daily Specials

**WED & THU**
* Rice Paper Rolls $3
* Sushi $2.80
* Edamame Beans $2.30
* Bento Box $9
* Salad Box $6.20

**FRIDAY**
Ham & cheese pizza $3.70
Munchy Crunchy Chicken Burger $4.20

**THURSDAY**
Hot Dog $3

* Wed & Thu specials can ONLY be ordered via FLEXISCHOOLS and must be pre-ordered by 2pm each Tuesday. You can order for the entire term.

**HOT OPTIONS**
Breath-taking Bolognaise $4
GLUTEN FREE Bolognaise $4.20 GF
Frenzied Fried Rice $4 GF
VEGETARIAN Fried Rice $4 GF
Chicken Tenderloin mini-wrap with mayonnaise & lettuce $3.20
Garlic Bread $0.90
Chicken Nuggets (max order 6) $0.70 GF
Half Corn Cob $1

**FROZEN SNACKS**
Vanilla Ice Cream Cup $1
Quelch fruit stick $0.60 ALL GF
Lemonade Icy Twist $1

**DRINKS**
Nudie Juice 250mls $2
(choose from apple, tropical or orange)
Water 600mls $2
Breaka Milk $2
(chocolate or strawberry)

**TOASTED SANDWICHES**
GF available
Cheese $3
Ham or Chicken $3.20
Cheese & Tomato $3.20
Ham or Chicken & Cheese $3.60
Ham or Chicken & Cheese & Tomato $3.80

GF

Every care is taken to ensure these items are gluten free, however as there are a variety of products prepared in our kitchen, we cannot 100% guarantee this.
Without the generous support of volunteers, the tuckshop would struggle to operate.
To volunteer please contact our Tuckshop Convenor Annette Maxfield on 3878 9457 or 0488 756 964 or email ftpsstuckshop@gmail.com

SNACKS

Hommus dip, carrot sticks & rice crackers $2 GF
Boiled egg $1
Plain pikelet $0.60
Pikelet with butter/butter & jam $0.70
Muffin (choc chip or blueberry) $1.30
JJ crackers $1.20
Popcorn $1 GF
Custard cup OR Vanilla Yoghurt Cup $1

SANDWICHES

(Sandwiches made with wholemeal bread)
Vegemite, Jam or Honey $2
Cheese $2.50
Ham or Chicken $3
Egg $2.70
Egg & Lettuce $3
Salad $3.70 (lettuce, tomato, carrot, beetroot)

ADD
Cheese $0.50
Ham or Chicken $1
Tuna $1

FRUIT

Bag of grapes $1.50 (SEASONAL)
Slice of watermelon $1
Slinky apple $1.20

OVER THE COUNTER ORDERS

Orders MUST be placed by 9am
Late orders CANNOT be accepted

We encourage you to set up a Flexischools account. The prices are CHEAPER and it is much EASIER to order online than coming to the counter.

GIVE IT A GO!

FLEXISCHOOLS ORDERS

* Set up an account at Flexischools.com.au

* Place orders by 8.15am

* Recurring orders for the term can be set up

* Wed & Thu specials are ONLY available via Flexischools. Pre-order by 2pm each Tuesday.

Menu items are CHEAPER on Flexischools!!

SALADS

Green Salad Box $4.50
(choose your salad - lettuce, tomato, beetroot, 1 egg, carrot, cucumber, cheese)

ADD Chicken or Ham $1
ADD Tuna $1.50

ADD Tuna $1.50
Salads

ADD Chicken or Ham $1
ADD Tuna $1.50

VOLUNTEERS

YOUR SUPPORT IS GREATLY APPRECIATED